

Daily Maintenance Pax Ingredients



The Basics

- **Multi Vitamin (2)**
- **EPA/DHA (fish oil)**
- **Liver Detox Formula**
- **Vinpocitine (brain circulation)**
- **Emergen-C**
- **Electrolytes**

Specifics:

Daily Energy Maintenance:

Vitamin A [15% (750 IU) as retinyl acetate and 85% (4250 IU) as beta-carotene] 2500 IU

Vitamin C (as ascorbic acid) 300mg

Vitamin D (as cholecalciferol) 100 IU

Vitamin E (as d-alpha tocopheryl succinate, acetate and mixed tocopherols) 500 IU

Thiamin (as thiamin mononitrate) 7mg

Riboflavin 4mg

Niacin (as niacinamide, niacin) 100mg

Vitamin B6 (as pyridoxine HCl) 10mg

Folate (as folic acid and L-5-methyl tetrahydrofolate) 200mcg

Vitamin B12 (as cyanocobalamin) 50mcg

Biotin 25mcg

Pantothenic Acid (as D-calcium pantothenate) 50mg

Calcium (as calcium citrate, MCHC*, calcium glycinate**) 120mg

Phosphorus (as MCHC*) 25mg

Iodine (as potassium iodide) 40mg

Magnesium (as magnesium bis-glycinate**, citrate) 60mg

Zinc (as zinc glycinate**) 5mg

Selenium (as selenium aspartate) 50mcg

Copper (as copper citrate) 1mg

Chromium (as chromium nicotinate glycinate**) 50mcg

Molybdenum (as molybdenum aspartate) 25mcg
Potassium (as potassium aspartate) 25mg
Betaine HCl 45mg
Choline (as choline bitartrate) 30mg
Inositol 30mg
L-Glutamine 25mg
Citrus Bioflavonoid Complex 25mg
para-Aminobenzoic Acid (PABA) 13mg
Vanadium (as vanadyl sulfate) 9mcg
Quercetin 6mg
Mixed Carotenoids (beta-carotene, alpha-carotene, cryptoxanthin, zeaxanthin, lutein) 1mg
Gamma Tocopherol (as mixed tocopherols) 30mg

Detox:

Vitamin A 1200 IU [33% (834 IU) as retinyl palmitate and 67% (1,666 IU) as beta-carotene]
Vitamin C (as ascorbic acid) 65mg
Vitamin D (as cholecalciferol) 15 IU
Vitamin E (as d-alpha tocopheryl succinate, acetate and mixed tocopherols) 33 IU
Thiamin (as thiamin mononitrate) 5mg
Riboflavin 3mg
Niacin (as niacinamide, niacin) 11mg
Vitamin B6 (as pyridoxine HCl) 8mg
Folate (L-5-methyl tetrahydrofolate) 135mg
Vitamin B12 (as cyanocobalamin) 15mcg
Biotin 33mcg
Pantothenic Acid (as D-calcium pantothenate) 16mg
Zinc (as zinc glycinate**, histidinate**, citrate) 3mg
Selenium (as selenium aspartate, selenomethionine) 25mcg
Copper (as copper citrate) 1mg
Manganese (as manganese glycinate**, citrate) 1mg
Molybdenum (as molybdenum aspartate) 33mcg
Choline (as choline bitartrate) 33mg
Silymarin (from milk thistle seed extract, Silybum marianum) 25mg
Catechins (from decaffeinated green tea leaf, Camellia sinensis) 17mg
Epigallocatechin gallate (EGCG) (from decaf green tea leaf, Camellia sinensis) 11mg
Artichoke Leaf Extract (Cynara scolymus) 85mg
Watercress Whole Plant 4:1 Extract (Nasturtium officinale) 65mg
Ellagic Acid (from pomegranate whole fruit extract, Punica granatum) 15mg
N-Acetylcysteine 33mg
Sodium Sulfate 50mg
Taurine 60mg

EPA/DHA:

EPA (eicosapentaenoic acid) 600.00 mg
DHA (docosahexaenoic acid) 400.00 mg

Clarity:

Vinpocetine 20mg

Other Fabulousness:

EmergenC, Electrolytes